

07.09.2019

Zeit	M9	M8	W9	W8	MJU20	WJU20	MJU18	WJU18	MJU16	WJU16	MJU14	WJU14	MKU12	WKU12
09:45													60H (Z)	
10:00	WEZ (F)	WEZ (F)							SPE (F)		60H (Z)			
10:15														60H (Z)
10:25												60H (Z)		
10:30							HOC (F)	HOC (F)		SPE (F)	BAL (F)	BAL (F)		
10:40			WEZ (F)	WEZ (F)					80H (Z)				50M (V)	
10:45										80H (Z)				
11:00						100 (Z)		100 (Z)						50M (V)
11:05					100 (Z)		100 (Z)							
11:10									100 (V)			WEI (F)		
11:15										100 (V)				
11:25	50M (V)	50M (V)											50M (F)	
11:30					KUG (F)	KUG (F)	KUG (F)	KUG (F)	KUG (F)	KUG (F)			SCH (F)	50M (F)
11:40			50M (V)	50M (V)							75M (V)			
11:50					HOC (F)	HOC (F)			HOC (F)	HOC (F)				
12:00												75M (V)		WEZ (F)
12:10									100 (F)					
12:15										100 (F)	SPE (F)	SPE (F)		
12:20	SCH (F)	SCH (F)												
12:25	50M (F)	50M (F)												
12:35			50M (F)	50M (F)										
12:40											WEI (F)			
12:55					SPE (F)	SPE (F)	SPE (F)	SPE (F)						
13:00			SCH (F)	SCH (F)							KUG (F) 75M (F)			
13:05												75M (F)		
13:15	800 (Z)	800 (Z)												
13:30												KUG (F)	WEZ (F)	
13:35														SCH (F)
13:45			800 (Z)	800 (Z)								HOC (F)		
13:55					200 (Z)	200 (Z)	200 (Z)	200 (Z)						
14:10													4x5 (Z)	4x5 (Z)
14:35										300 (Z)	HOC (F) 4x7 (Z)	4x7 (Z)		
14:55					4x1 (Z)	4x1 (Z)	4x1 (Z)	4x1 (V)	4x1 (Z)	4x1 (Z)				
15:00					WEI (F)	WEI (F)	WEI (F)	WEI (F)	WEI (F)	WEI (F)				
15:10														800 (Z)
15:25													800 (Z)	
15:40												800 (Z)		
15:55											800 (Z)			

16:10					800 (Z)	800 (Z)	800 (Z)	800 (Z)	800 (Z)	800 (Z)				
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